



Universidad
Pontificia
de Salamanca

7-11 April 2025



INTERNATIONAL STAFF AND TEACHING WEEK UPSA
BIP 'Inclusion and mental well-being in higher education'

International Staff and Teaching Week

The 3rd edition of UPSA's International Staff and Teaching Week will be organised as Blended Intensive Programme (BIP) and will take place under the topic of "Inclusion and mental well-being in higher education". Our International Week is open to **teachers and administrative staff** from all university services. Teachers from the following areas can apply:



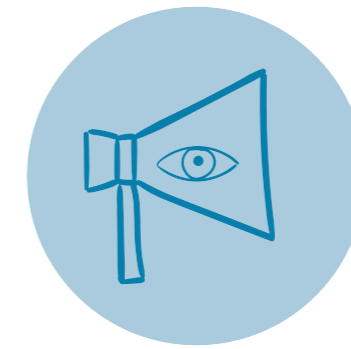
HEALTH SCIENCES
(Nursing, Speech Therapy,
Physiotherapy, Nutrition)



SOCIAL PSYCHOLOGY/
PSYCHOLOGY OF WORK



MARKETING
(Branding, Sales and commercial
management, Commercial Research,
Operations Management, Commercial
law for unfair competition and
industrial property matters)



ADVERTISING AND
PUBLIC RELATIONS
(Advertising and public relations strategies,
Interaction design, Visual identity, Law
for degrees in journalism, advertising and
audio-visual communication)



EDUCATION



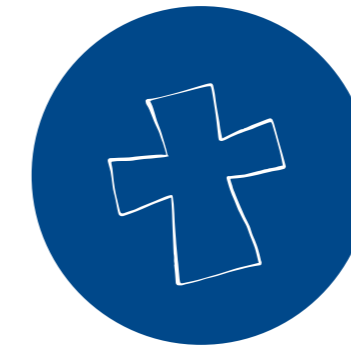
SPORT SCIENCES



COMPUTER SCIENCES



BUSINESS ADMINISTRATION



THEOLOGY



CANON LAW

Academic staff will have the opportunity to teach UPSA students and to connect with international teachers from the same research area. Administrative staff will have the opportunity to do a job shadowing and to exchange best practices in an international context.

Application

Application deadline: 6th January 2025*

Academic staff should submit a lecture proposal as well as their research profile. Teaching units can be held either in English or in Spanish. Teachers are expected to teach 8 hours during the week to meet the Erasmus+ funding requirements for teaching mobility.

** Please note that we cannot issue any acceptance letters before the end of the application deadline.*



Why have an international week with us?



Our university is located in Salamanca, one of the most beautiful cities in Spain, and recognised as UNESCO World Heritage Site.

<https://salamanca.es/en/>

The Pontifical University of Salamanca has its roots in the 13th century, when the collaboration between the Pope and the King gave rise to an institution capable of bringing together knowledge about man, society, nature, history and God. UPSA was founded in 1940 to restore the faculties of Theology and Canon Law, excluded from Spanish university classrooms in 1852.

Today it is one of the best universities in Spain in terms of academic performance and job placement, and has been ranked among the TOP 3 Spanish universities in Teaching and Learning in the CYD ranking.

<https://www.upsa.es/>

Preliminary Programme*

MANDATORY ONLINE SESSION: Beginning of April, approx. 2 hours

	Monday	Tuesday		Wednesday		Thursday		Friday
		Administrative staff	Academic staff	Administrative staff	Academic staff	Administrative staff	Academic staff	
Morning	Registration and Welcome coffee (10:00-11:00)	Mindfulness, psychological well-being and mental health: Presentation of a research project and a practical mindfulness workshop (9:30-11:00, then coffee break)		Job shadowing with my UPSA pair (09:00-13:00)	Teaching units, workshops and networking sessions at the faculties (8:00-13:00)	Exchange of best practices (9:00-11:30, then coffee break)	Teaching units, workshops and networking sessions at the faculties (8:00-14:00)	Closing session and delivery of certificates (9:30-11:00)
	Welcome Session and Icebreaker Activity (11:00-12:00)	Getting to know my UPSA pair and the department (11:45-13:00)	Teaching units, workshops and networking sessions at the faculties (8:00-14:00)					
	Key note speech 'Inclusion and mental well-being in higher education' (12:00-13:30)							
Lunch Time	Vino español (13:30-14:30)	Free Lunch Time		Free Lunch Time		Free afternoon		Individual departure
Afternoon	City Tour Salamanca (15:30-17:00)	Guided UPSA tour (15:30-17:00)		Excursion to Sierra de Francia (14:00-20:00)		Farewell dinner (20:00-22:00)		
	Cultural Activity (17:00-18:30)							

*Subject to change

International Staff and Teaching Week

Funding

Teachers and administrative staff whose home institution is located in a country which is included in the Erasmus+ programme can apply for an Erasmus+ mobility funding at their home institution

Contact

For further information, you can contact the Mobility and International Cooperation Office:
cooperation@upsa.es

Pontifical University of Salamanca
C/Compañía 5
37002 Salamanca, Spain
www.upsa.es





Universidad
Pontificia
de Salamanca